

# Swapna Barman

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Swapna Barman Hindustan "Bhala phak" heptathlete Sports authority of India campus Kolkata mein present heptathlete trainer hai. Inke struggles se lekar kamyabi ka safar kaafi hausla bakhs hai. Swapna 29th October 1996 mein Kolkata ke ek behadd gareeb gharane mein paida hui. Inki maa Kolkata ke chai ke baghon mein majduri karti thi jab ke pitaji Rickshaw driver the. Pita ji ki lambi bimari ke chalte ghar mein do waqt ki roti juta na mushkil tha. Pareshani ke halat, ghar ki halat bohot buri thi or aise mein 6 logo ke parivaar ke masle ek jagah or pairo mein 6 ungliyan hone ki wajah se joote pehanne me kaafi dikkat or dard bardasht karti par in tamaam mushkilo ke bavajood unho ne sports ki duniya mein apna mukaam aur naam banaya.

Asian games 2018 mein buri tarha zakhmi hone k bavajood gold medal apne naam kiya. 2019 mein aisan athletes champion ban kar pehla mukaam or 2019 mein Bharat sarkaar ki taraf se Arjun award paane wali khaton. Bachpan se aarthik tangi jheelne wali iss bahadur mehnati Swapna Barman ko West Bengal government ki taraf se 10 lakh rupay ka inaan bhi hasil hua.