

Palakkeezhil Unnikrishnan Chitra (P.U.Chitra)

Ek bharti madhayyumm doori ki daudhne wali khiladi hai jo 1500 kilometres ki duri tay karne mein maahir hai.

Unke Maa or Pita ji dihaadi majdoor hai unhe zindagi mein kayi pareshaniyon ka saamna karna pada. Jis din Maa Pita ji ko kaam nahin milta, unhe bhookhe peth sona padta.

Inn mushkilo ke bavajood, woh subah 5 baje uth kar apni sarkaari school mein practice ke liye pohoch jaati. Woh kehti hai "athletics mein mere shuruwati din behadd chunovtiyo se bhare the."

Meri do badi behene aur ek chota bhai tha aur aise din the jab hum shayad hi ek waqt khana khaate. Ab halaat behtar hai meri dono beheno ki shaadi ho chuki hai aur bhai Bengaluru mein ek neeji company mein kaam karta hai." Inn mushkil halaaton se jhoonjhti, Chitra 2016 south Asian games aur 2017 Asian championship mein unhone Golden medal jeeta aur 2018 Asian games mein bronze medal jeeta. P.U.Chitra ka Sangharsh humare liye prena daayak hai.